



THE HUB
on Verulam

DRINKS MENU



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The Hub Doesn't Fit In A Box

and We're Ok With That

WHAT'S ON AT THE HUB

Modern Calligraphy - Tuesday 16th April @7:30pm

This two and half-hour workshop will take you right through from holding the dip pen and making your first calligraphy strokes to personalising place cards for table settings and gift tags. You will learn lower and uppercase alphabets, practise adding style and variation to some celebration themed words, and how to letter yours and your guests names to truly personalise your day. The workshop includes all of the materials and equipment you will need for use in the workshop and for further practise at home. Ink, nib, a nib holder, practice templates and tags/cards are all included.

Cinema Supper Club - Wednesday 24th April @7pm

An immersive experience combining two things that we do well; film and food. We'll be serving up a classic film along with a meal inspired by the movie itself created to tantalise your taste buds while you journey through the film's iconic scenes.

Soulful Sounds Sunday Brunch - Sunday 28th April @10am

Join us and guest Sound and Meditation Teacher Jess Horn for our Soulful Sound Sundays: Meditation & Crystal Sound Bath, tickets include brunch, orange juice & a barista drink.

Comedy Night - Friday 26th April @9pm

Join us for a night of laughs with special comedian guests.

Film Club - Tuesday 9th April @7pm

Join us for our monthly film club, decide on this month's film with an introduction and post film Q&A from our film buff Finn.

Andre Saxman Brown - 1st May @6:30pm

Join us for drinks, dinner or both, whilst the sensational sounds of Andre's Sax plays through tones of Funk, Soul and Jazz. André SaxMan has played at incredible parties around the world. He puts his heart and soul into every performance and has played on stages and dance floors which range from rooftop clubs & tropical beaches to stately homes and grand hotels. André's sax sound is rooted in gospel, jazz, funk and soul. He also sings some jazz and motown classics. André has been privileged to work with many well known artists including Craig David & Pharrell Williams.

Sports Screenings

Join us for a wide variety of sports throughout the month, from F1 and football to rugby & tennis we show it all. Food and drinks can be ordered to your seat in both screening rooms so you don't have to miss a moment of the action.

Please enquire with staff to be added to a monthly 'Whats on' mailing list.

APRIL SCREENING SCHEDULE

KIDS

Baby & Toddler Screenings everyday at 10:30am

Baby & Me Cinema every Wednesday at 1pm

The Colour Purple - 3rd, Mean Girls - 10th, All of us Strangers - 17th, Next Goal Wins - 24th

Teen Cinema every Friday at 4pm

Mean Girls - 5th, The Colour Purple - 12th, Next Goal Wins - 19th, Champions - 26th

MOVIES

Wonka

Mon 1st @4pm

All of us Strangers

Wed 3rd @8pm, Sat 13th @8pm,

Fri 26th @8pm

Poor Things

Thurs 4th @8pm, Sat 6th @8pm

The Colour Purple

Fri 5th @8pm

Next Goal Wins

Sun 7th @4pm, Fri 12th @8pm

Zone of Interest

Wed 10th @8pm

Mean Girls

Thurs 11th @7:30pm, Sun 21st @4pm

Frida - Docufilm

Tues 16th @8pm

Killers of the Flower Moon

Fri 19th @7pm

The Graduate - Vintage Cinema

Tues 23rd @8pm

Dune

Sun 28th @3pm

SPORTS

Check out our website for a full list of games

Womens Football

Chelsea v Barcelona - Sat 27th @ 17:30pm

Man City v Arsenal - Sunday 5th May @ 12:30pm

Champions & Europa League

Arsenal v Bayern - Tues 9th @ 8pm

Bayern v Arsenal - Weds 17th @ 8pm

Lille v Villa - Thurs 18th @ 5:45pm

West Ham v Leverkusen - Thurs 18th @ 8pm

Premier League

West Ham v Liverpool- Sat 27th @ 12:30pm

Villa v Chelsea -Sat 27th @ 20:00

Spurs v Arsenal - Sun 28th @ 14:00

Forest v Man City - Sun 28th 16:30

Chelsea v Spurs - Thurs 2nd May @ 19:30

Luton v Everton - Fri 3rd May @ 20:00

Arsenal v Bournemouth - Sat 4th @ 12:30

Man City v Wolves - - Sat 4th May @ 17:30pm

Liverpool v Spurs - Sun 5th May @ 16:30pm

Both our screening rooms are available for private hire for films and sports viewings.

NIBBLES

Please note we are a cashless site

House Marinated Olives (ve) 5

Truffle Mixed Nuts 4

Spicy Japanese Rice Crackers 4

Grilled Sourdough

seasonal dipping oil (V) 6

Padron Peppers

red pepper aioli (V) 7

Cocktail Sausages

honey mustard sauce 8

Cornish Fishcakes

saffron tartare sauce, pickled cucumber 10

Grilled Halloumi

dukkah spiced honey and toasted seeds 12

Grilled Romano Pepper & Whipped

Hummus

walnut pesto & grilled flatbread (ve) 14

Triple Cooked Chips

garlic aioli 6

beef ragu & aged parmesan 13

Italian Burrata

marinated summer tomatoes, basil pesto 13.5

Cheese of the Week

oat crackers, mixed grapes, celery & house chutney 15

Cornish Mussels

melted leeks and nduja sausage with toasted sourdough 12.5 / 19

Smoked Dingley Dell Ham Hock & Parsley

Terrine

house picallili & grilled sourdough 11

Crispy Pork and Potato Croquettes

blue cheese dressing and hot sauce 12

Something to Share?

Ploughmans Sharing Platter Board

gammon, colston basset stilton, tunworth, coastal cheddar, deviled eggs, seasonal chutney, celery, pickled walnut, grilled sourdough 24

SEASONAL COCKTAIL SPECIALS

Lychee Martini 12.5

Vodka, Lychee Liqueur, Lillet Blanc,
Lychee Juice, Vanilla Syrup, Lemon Juice

Zombie 12.5

Aged Rum, Dark Rum, Over-proof White Rum,
Pineapple Juice, Orgeat, Blue Curaçao, Lime Juice

Tequila Penicillin 12.5

Honey Tequila, Islay Whisky,
Honey & Ginger Syrup, Lemon Juice

SMOOTHIES & JUICES

Breakfast Booster 5

Banana, Apple, Oats, Dates, Cinnamon, Oat Milk (GF)

Emerald Energizer 5

Apple, Cucumber, Spinach, Spirulina, Coconut Water, Lemon Juice (Ve,GF)

Immunity Infusion 5

Ginger, Carrot, Mango, Coconut Water, Lime Juice, (Ve,GF)

Fresh Orange Juice 4

BOOCHAS & SODAS

You & I Original Kombucha	6	Soda	3.6
You & I Ginger Kombucha	6	Tonic	3.6
Coke	3.8	Blood Orange & Elderflower Tonic	3.6
Coke Zero	3.8	Rosemary & Grapefruit Tonic	3.6
Lemonade	3.8	Still Water 750ml	4.5
Ginger Beer	3.5	Sparkling Water 750ml	4.5
Ginger Ale	3.5		

DESSERT MENU

Dark Chocolate Fondant 9

vanilla ice cream, macerated raspberries

Mango & Buttermilk Panna Cotta (MC) 8

mint & lime salsa, candied pistachio nuts

Sticky Date & Pecan Pudding 9

coconut caramel, citrus cream

Blood Orange Sorbet 7.5

Selection of Cheese 14

chutney, crackers & grapes

Cake Of The Day 4.1

ask our servers for today's selection

(MC) Members Choice

HOT & COLD DRINKS

BARISTA DRINKS

Our coffee is locally roasted in Hemel Hempstead by
The Natural Coffee Co who only supply organic and fair trade coffee

COFFEE

Espresso	2.5
Cortado	3
Americano	3.5
Flat white	4.1
Cappuccino	4.1
Latte	4.1
Chai Latte	4.5
Iced Latte	4.5
Dirty Chai Latte	4.5
Hot Chocolate	3.5
Alternative milk	0.50

TEA BLENDS All 3.7

Classic English Cup
Earl Grey
Sri Lanka Decaf
Green & Peaches
Moroccan Green & Spearmint
Lemongrass & Ginger
Berry Fruits
Chamomile
Fresh Mint

Fancy a slice of cake with your coffee? Ask our servers for our cakes of the day.

Bakery

Almond Croissant	3.9
Pan au Chocolate	3.9
Pan au Raisin	3.9
Dark Chocolate & Sea Salt Cookie	2.9
Protein Ball	2.9
Cake Of The Day	4.1

Please ask our servers for todays selection

SUPERFOOD LATTES (served hot or cold) All 5

Turmeric anti-inflammatory & lowers cholesterol
Turmeric, Cinnamon, White Pepper, Ginger, Jaggery

Matcha anti-oxidants & energizing
Japanese Vanilla Matcha

ALCOHOL-FREE COCKTAILS

SPRITZ

Italian Aperitif Crodino Non-Alcoholic Aperitivo.	5
Hugo Spritz AF Lyre's London Dry, Lyre's Classico Grande, Elderflower, Mint, Soda.	7.5

SPECIALS

All 8.5

Garden Martini Seedlip Garden 108, Elderflower, Cucumber, Lime Juice, Soda.
Hurricane Lyre's White Cane, Lyre's Ameretti, Passion Fruit Puree, Orange Juice, Orgeat, Lime Juice.
Mango Sorbet Lyre's London Dry, Mango Puree, Coconut Cream, Coconut Water, Lemon Juice.
Wild Botanical Lyre's London Dry, Apple Juice, Grenadine, Lemon Juice.
The Novelist Garden Lyre's Dry London, Basil, Lavender Syrup, Lemon Juice, Tonic.
Thyme Salty Lyre's Dry White Cane, Grapefruit Juice, Thyme Syrup, Lime Juice.

CLASSICS

All 8.5

Mojito AF Lyre's White Cane, Lime, Agave Syrup, Mint, Soda.
Espresso Martini AF Lyre's White Cane, Lyre's Coffee Originale, Espresso, Vanilla Bean Syrup.
Passion Fruit Martini AF Lyre's London Dry, Passion Fruit Puree, Pinapple Juice, Vanilla Bean Syrup, Lime Juice.
Ameretto Sour AF Lyre's Ameretti, Orgeat, Lemon Juice, Vegan Foamer, Bitters.
Piña Colada AF Lyre's White Cane, Pinapple Juice, Coconut Cream, Vanilla Bean Syrup, Lime Juice.
Bloody Mary AF Lyre's London Dry, Tomato Juice, Tobasco, Worcestershire Sauce, Lemon Juice, Salt, Pepper.

DRAUGHT BEER / BOTTLES

It's part of our mission to squash the misconception that low and no alcohol options are inferior to their alcoholic counterparts. That's why you'll find great draught and bottled beers across the full spectrum, from 0.5% - 5% ABV.

DRAUGHT

	Schooner 2/3 pint
Peroni 5%	4.9
Asahi 5.2%	4.9
Forged Irish Stout 4.2%	5.1
Mad Squirrel Hopfest 3.8% (MC)	4.8
Guest Tap	5

BOTTLES

	All 5
Small Beer Co. Lager 2.1%	
Small Beer Co. Session Pale 2.5%	
Tring Alchemist Lager 4.5%	
Tring Raven King IPA 5.5%	
Aspall Cider 5%	

ALCOHOL-FREE BOTTLES

Nirvana Bavarian Helles Lager 0.3%	4.5
Nirvana Organic Pale Ale 0.5%	4.5

SPIRITS 50ml

GIN

Hendricks	9
Silent Pool	10.5
Roku Craft Gin	10.5
Monkey 47	12
Gin Mare	12
Tanqueray	8
Tanqueray No. 10	10.5
Tanqueray Sevilla	9
58 & Co Navy Strength	10.5
58 & Co Apple & Hibiscus	10.5
Beefeater Pink Gin	8
Malfy Rosa Grapefruit Gin	10.5
Tarquins Rhubarb & Raspberry	10.5

VODKA

Grey Goose	9
Finlandia	8
Ciroc	9
Belvedere	9.5
Grey Goose Le Citron	9.5
Ciroc Apple	9.5

RUM

El Dorado 5	9
Bacardi Carta Blanca	8
Brugal Anjeo	9
Goslings Black Seal	9
Sailor Jerry	9
Kraken Spiced Rum	9
Kraken Roast Coffee	9
Koko Kanu	8

All Mixers	2
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WHISKEY

Johnnie Walker	9
Jamesons	8
The Sexton	9
Talisker Single Malt 10	12
Laphroaig 10	12
The Macallan Double Cask 12	15
Lagavulin 16	16
Nikka from the Barrel	13
The Yamazaki Distiller's Reserve	14
Hibiki Harmony	16

BRANDY

Courvoisier VS	9
Hennessy VS Cognac	10
Remy Martin 1738	13

TEQUILA & LIQUEUR

Jose Cuervo	9
Patrón Silver Tequila 25ml	7
Cazcabel Honey Tequila 25ml	5.5
Cazcabel Coffee Tequila 25ml	5.5
Tequila Rose 25ml	4
Aperol	8
Baileys	4
Campari	8
Disaronno	8
Jager 25ml	4
Limoncello 25ml	4
Sambuca 25ml	5

ALCOHOL-FREE

Seedlip Garden 108	6
Lyre's London Dry	6

(MC) Members Choice (V) Vegetarian (Ve) Vegan

BTL Carafe Glass
75cl 500ml 175ml

ROSE

Il Caggio Pinot Grigio Rose, Italy 2022 Deliciously delicate and pale pink in colour. Crisp flavours of soft red fruits are complemented by subtle floral aromas.	26	20	6.6
Dom. de Pellehaut Rosé, France 2022 Salmon pink, an expressive nose of raspberry and jammy strawberry leads into a fresh, dry palate and a long finish.	36	24	9.25
Ultimate Provence Cotes De Provence, France 2020 The spice notes from the Syrah provides a dry, white pepper characteristic. A touch of Rolle lends notes of winter citrus, spice with a warming finish.	59 95	41	15.75
Studio by Miraval , Cotes de Provence, France 2022 The bouquet shows citrus fruits, white flowers and herbal notes. On the palate, dry and mineral with flavours of grapefruit and a subtle spice.	49		

BTL Glass
75 ml

DESSERT WINE & PORT

Rubis Chocolate Wine, Spain (Ve) Ru bis is an indulgent blend of fortified Tempranillo & premium chocolate flavours. Perfect for the end of a meal.	30	8.5
Henry of Pelham Vidal Ice Wine, Canada Honeyed tropical fruits of pineapple and mango. This wine is rich and complex with a long finish. Grapes are harvested when frozen completely solid.	50	12
Kopke Port Fine Ruby, Portugal A deep ruby colour, with a garnet rim. A classic bouquet, on which the liveliness of young fruit produces a delicate balance.	45	10

WINE LIST

BTL Glass
75cl 125ml

SPARKLING WINE

Contarini Blanc des Blancs Extra Dry NV, Italy (Ve) Fruity, lightly sparkling, fully dry. A delicate palate with hints of pears, white flowers and lemons.	38	8
Contarini Prosecco Rosé, Italy (Ve) Delicate and complex bouquet with fruity and floral notes. Fresh and light on the palate with balanced acidity.	38	8
Jaffelin Cremant de Bourgogne, France (Ve) A fantastic estate with eight centuries of history. Deliciously complex Cremant with notes of fruits, flowers and classic toasty brioche flavours.	62	13
Autreau-Roualet Brut Reserve Champagne, France (Ve) A Blanc des Noirs made from Pinot Noir and Pinot Meunier, aged 18 months on lees prior to disgorgement. Nutty, rich and bready with a lively mousse.	75	
Kingscote Sparkling Brut, England 2019 (V) An exceptional expression of an original method English sparkling wine. Mouth-wateringly refreshing and delightfully complex, offering bright, sumptuous flavours of the English kitchen garden, gooseberry, apple and hints of rose. 75% Meunier and 25% Chardonnay.	52	
Pommery Brut Royal Champagne, France (Ve) Elegant and lively Champagne. It has a rounded, rich yet delicate flavour that lingers.	95	
Pommery Apange Blanc de Blancs Champagne, France (Ve) Made from only white grapes, 100% Chardonnay for a light, fresh champagne. Light golden colour with aromas of hay and freshly cut grass.	125	
Alcohol-Free Prosecco , Lyre's Classico Grande.	18	4.5

(V) Vegetarian (Ve) Vegan

BTL Carafe Glass
75cl 500ml 175ml

BTL Carafe Glass
75cl 500ml 175ml

RED WINE

Cal y Canto Tempranillo, Spain Smooth and easy-drinking red bursting with dark fruits, cherries, pepper and earthy spice.	26	20	6.6
Il Caggio Montepulciano d'Abruzzo Doc, Italy Medium to light-bodied with lovely snappy acidity that offers cranberry and raspberry fruits plus a twist of spice.	33	23	8.5
Finca Besaya Rioja Crianza, Spain 2018 (Ve) Aged for 12 months in French and American oak, adding a subtle richness and texture to this Tempranillo-based wine.	36	24.75	9
Miopasso Primitivo, Italy (Ve) Classic Southern Italian wine - figs, dark chocolate, espresso flavours melded with soft tannins and a long, warming finish.	37	25	9.25
Barone Montalto Syrah, Italy A rare grape variety to find in Sicily, but one that punches well above its weight with a dense, rich palate. A real winter warmer of a wine.	39	27	10
Ventisquero Pinot Noir Reserva, Chile (Ve) Complex and elegant Pinot from the Casablanca Valley showcases delicate red fruits, tobacco, and a touch of vanilla from the oak ageing.	43	29.5	11.25
Diomede Nero di Troia, Italy (MC) Deep and velvety with layers of flavour showing bittersweet chocolate, plums, coffee and cocoa.	45	31	12
Escaravilles Les Sabliers Cotes du Rhone, 2019 (V) (Org.) Pure, lifted Grenache dominates with its sweet red fruits, alongside 20% of Syrah which adds meatiness and a peppery spice.	51		
Liger Belair, Les Deux Terres Burgundy, France 2019 (V) (Org.) A flagship wine from one of Burgundy's top young winemakers, a truly exceptional expression of Pinot Noir.	65		
Chateau du Barry St-Emilion Grand Cru, Bordeaux 2019 Stunning Merlot from the right bank of Bordeaux, with glossy dark fruits and a perfect balance between tannins and acidity. Long and intense on the finish.	88		

(MC) Members Choice (V) Vegetarian (Ve) Vegan

WHITE WINE

Cal y Canto Verdejo, Spain A medium-bodied, zingy white with fresh and fruity flavours of melon and citrus.	26	20	6.60
Dudley's Stone Chenin Blanc, South Africa Pale straw in colour with sumptuous aromas of melon and peach. Hints of tropical fruits on the palates, with a dry finish.	29	21	8
Barone Montalto Pinot Grigio, Italy A dry but full-flavoured Pinot Grigio from Sicily, bursting with scents of ripe pears and white stone fruits.	34	23	8.4
Extrait de Romarion Viognier, Langeudoc, France Rich and ripe with plenty of distinctive character - orange blossom and rose aromas with a broad and fleshy palate.	38	27	10
Ricossa Gavi di Gavi, Italy Lovely expression of the Cortese grape. Citrus-led palate with lemon and lime, bolstered by flavours of almonds and freshly cut grass.	41	30	11.2
Southern Lights Sauvignon Blanc, Marlborough - NZ A classic example of the style, full of expressive tropical fruits including passionfruit, lime, kiwi and melon.	46	32	11.9
Domaine Delsol Picpoul de Pinet, France (MC) Bracing saline minerality leads into a wonderful combination of soft green apples and orchard fruits.	48	35.5	13
Domaine Talmard Macon-Uchizy, Burgundy, France 2021 Bright unoaked Chardonnay from the sunny Macon in the region's southern fringes. White nectarine, hazelnut meringue and sweet citrus.	55		
Domaine Lispaul Pouilly-Fume, Loire, France 2022 Sauvignon Blanc at its very finest, a modern expression with an excellent blend of steely freshness and delicious fruitiness.	65		

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